

Dr. Liz Anderson-Peacock

SPEAKER • AUTHOR

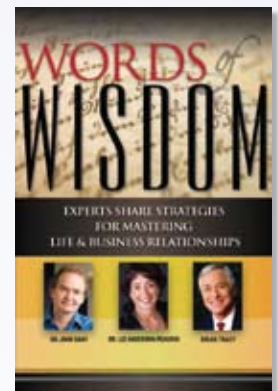
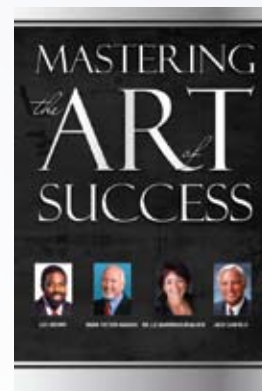
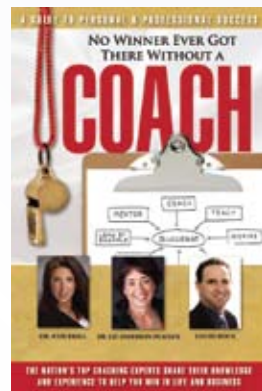
dr. liz
the best version of you

Move to Mastery... Create and Live the Best Version of You

Dr. Liz Anderson-Peacock is an energetic and internationally recognized expert both in the human potential and wellness field. Currently, Dr. Liz is engaging audiences around the world, speaking and bringing a revitalized approach to professionals, the workplace and teams while evoking positive results which embraces self-leadership over management. Dr. Liz also coaches professionals and executives, and delivers a powerful on-line self-directed program, *Move to Mastery in 90 days*. You'll want to read her books, *No Winner Ever Got There Without a Coach*, *Mastering the Art of Success*, and *Words of Wisdom*.

"Dr. Liz is masterful. She combines inspiration with action and humor with humility to take you on a journey of reflection, evaluation and projection to an even greater you!"

Roley Cook
Chief Executive Officer
Spinal Research (Australia)



Dr. Liz's expertise has been shared at universities in countries around the world including Canada, USA, Italy, UK, NZ, Japan and Australia. Dr. Liz also serves on an academic panel for the *Journal of Maternal, Pediatric and Family Health*, is pediatric editor of a magazine with 8 million subscriptions (USA), and is a frequent contributor to other health and medical journals. Additionally, she provides opinions for the Australian Spinal Research Foundation and sits on the following boards: World Congress of Women Chiropractors, YMCA Simcoe-Muskoka, and has served as president of the Academy of Family Practice (USA).



www.drlizspeaker.com

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Dr. Liz delivers content which inspires greatness plus tools for action that one can immediately apply to life and business. She is no ordinary speaker as her presentations move you lead yourself first before leading others.

~ Mr. Stephen Inuoe, Artra-Group Co. (Japan)

Dr. Liz Anderson Peacock is a true master communicator. Her dedication and commitment to serving the needs of her audience is unparalleled. She is a master teacher of self-improvement who lives her message.

~ Dr. Gilles A. LaMarche
Vice President Professional Relations
Life University GA (USA)

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The 5 most popular keynotes requested of Dr. Liz are:

- **Move to Mastery in 90 days**

Identify where you currently are. However, where do you really want to go? Is that less clear? You'll get tools to your next step towards mastery in 90 days. Reach or exceed your goals through this powerful ride.

- **Transformational Leadership**

While leadership encompasses Vision, Alignment and Execution, those we lead are hungering for a meaningful experience. Transformational leadership practices create positive, engaging and permanent shifts in your life and business. Take the plunge to lead oneself past what you think is possible.

- **Embracing Stress and using it to Your Advantage**

Stress has been given a negative moniker. That's unfortunate as stress occurs in everything we do from taking our first breath, our first step, to our first date. By tuning-in we can learn how to change the impact of stress and make it work for us vs. against us.

- **There's a Pebble in my Shoe – 5 Steps in overcoming Adversity**

Stuck? Sidelined? Experiencing unanticipated change? Perhaps you're in a transition? Apply easy steps to use any adverse event as a springboard for positive change.

- **Living to 100 – 10 Steps towards greater Vitality and Sanity as We Age**

The evidence is clear. More of us will outlive our actuarial tables. So we'll all live longer. That's going to happen. "How" do you want to be when you get "there"? The good news is we are not destined to suffer the same fate as our parents. The good news is an investment in small changes in now give huge returns later. Identify your next steps to make now

Also from Dr. Liz is her self-directed on-line coaching program *Move to Mastery in 90 days*. It's available 24/7 through Dr. Liz's website.

To book Dr. Liz please contact:



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